



APPLIED CAREER TRANSITIONS PROJECT

Career Services - University of Victoria



Career Services - UVic

PROJECT GOAL

- To develop and implement an effective and efficient model of career service delivery targeted at recent graduates and graduating students as they transition out of academics and into career



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EMPLOYABILITY SKILLS FOCUS

- Shift focus from techniques and strategies for a short term event to career management skill development for a lifetime
- An educational and experiential process



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PROGRAM MODEL FEATURES

- Structured and flexible
- One-on-one counselling/coaching
- Group process
- Experiential
- Driven by participants
- Direct involvement of employers



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“The new career management paradigm is not about making the right occupational choice. It’s about equipping people with the competencies (skills, knowledge and attitudes) to improve at making the myriad choices with which adults are confronted continuously, in all aspects of their lives, lifelong.”

- Phillip Jarvis, 2003